

Aim 1: All children get the best start in life and go on to achieve their potential

Best start in life for Children & Young People

Rotherham Health and Wellbeing Strategy – Aim 1

South Yorkshire Integrated Care Strategy – Shared outcome 1

				SOUT	H YORKSHI	RE				
		SY	Integrated Care	Strategy shared outcor	ne: Best sta	rt in life for (Children and	d Young Peo	ple	
Context	Wider determing networks and ed Health inequalit	ducation. Po		io-economic) housing, social	impact of pande	emic				
Health areas	Parental health	N	Mental health	Oral health		Development of Physical activity Healthy eating Physical activity	Children's development ('school readiness') Development of healthy behaviours: Physical activity Healthy eating Physical activity School readiness		Reduce healthcare inequalities	Other focus areas for CORE20Plus for CYP: Asthma Diabetes Epilepsy
Focus areas for healthcare and children's services across SY (commitments)	1,001 days	families to stay safely together, a focus or early help access to services a preventing them from reaching or point	Multi-agency collaboration, with take a strengths-based approach to establishing family hubs	support for children to manage their physical and mental health and wellbeing, maximise their capabilities and have choice and control over their lives	voice and active participation in improving and integrating services, coproduction of services		Access to mental health and wellbeing services for children and young people	Access to play areas		develop the world's most advanced and integrated healthcare system for children and young people

Actions		working = +=	Coto blick				Limit				untaka af	dayalanınanın ef -		
		working to	Establish				Limit				uptake of	development of a		
	·	remove	Family Hubs				saturation of			childhoo		National Centre		
	care, to	industry					hot food			immunis	ations	for Child Health		
	decrease	interference in					takeaways					Technology (NCCHT) at		
	inequalities in	alcohol and					in areas					Sheffield Olympic		
	•	gambling					around					Legacy Park		
		educational					schools					Legacy Fark		
							SCHOOLS							
	outcomes.	materials				1.11.1								
Inclusion Groups		young carers, looked after children, care leavers and those in contact with the justice system												
Who	Place Part													
	 Family Hu 	bs												
	 Local Mat 	ernity and Neon	ital Network											
		social care servi												
		are Networks												
	•		's Alliance											
		and Young People		Callabarati										
		and Young People		Collaborative										
	 National (Mental Health Provider Collaborative National Centre for Child Health Technology (NCCHT) at Sheffield Olympic Legacy Park												
	 Bloomber 	National Certife for Child Health Fechnology (Necert) at Sherneld Glympic Legacy Fark Bloomberg Harvard City Leadership Programme for South Yorkshire												
Going Further as		Focus on development in early years so that every child in South Yorkshire is school ready												
SY	Raise the	Raise the level of school readiness in South Yorkshire and close the gap in those achieving a good level of development between those on free school meals and all children by 25% by 2028/30												
31	Raise the level of school readiness in South Yorkshire and close the gap in those achieving a good level of development between those on free school meals and all children by 25% by 2028/30													
					RC	THERHAM								
			_											
	Heal	th and Well	being Strat	egy Aim 1:	All children	get the best	start in life ar	nd go on to	achieve th	neir pote	ential			
Themes and	Heal			<u> </u>		get the best	start in life ar			<u> </u>	ential	impact of pandemic		
Themes and	Heal		being Strat Differing life ch	<u> </u>		get the best	start in life ar		achieve the comic factors, p	<u> </u>	ential	impact of pandemic		
Themes and factors			Differing life ch	hances, pover	ty		start in life ar			overty				
	Heal Maternal health			<u> </u>	ty	get the best	start in life ar	Socio-econo		overty	behaviours,	impact of pandemic Mental health, stress,		
factors		Smokin	Differing life ch	hances, pover	ty			Socio-econo	omic factors, p ousing, fuel	overty healthy	behaviours,	Mental health, stress,		
factors			Differing life ch	hances, pover	ty		social networks	Socio-econo	omic factors, p ousing, fuel	overty	behaviours,			
factors Focus areas	Maternal health	Smokin delivery	Differing life ch	Breastfeeding	ty g Denta		social networks a education	Socio-econo and poor h povert	omic factors, p ousing, fuel y	healthy healthy	behaviours, eating	Mental health, stress,		
factors Focus areas Health and	Maternal health	Smokin	Differing life ch	Breastfeeding	ty g Denta		social networks a education	Socio-econo	omic factors, p ousing, fuel y	healthy healthy	behaviours, eating	Mental health, stress,		
factors Focus areas	Maternal health	Smokin delivery	Differing life ch	Breastfeeding	ty g Denta		social networks a education	Socio-econo and poor h povert	omic factors, p ousing, fuel y	healthy healthy	behaviours, eating	Mental health, stress,		
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Focus areas Health and Wellbeing	Maternal health	Smokin delivery	Differing life ch	Breastfeeding	g Denta	Il decay	social networks a education 2. Support	Socio-econo and poor h povert children and	omic factors, p ousing, fuel y	healthy healthy	behaviours, eating	Mental health, stress,		
Focus areas Health and Wellbeing Strategy	Maternal health	Smokin delivery	Differing life ch	Breastfeeding	g Denta	Il decay	social networks a education	Socio-econo and poor h povert children and	omic factors, p ousing, fuel y	healthy healthy	behaviours, eating	Mental health, stress,		
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	through the		implementatio	including BF		healthy weight		along with	led by LA and	Rotherham
	Best Start and	(action to be	n of Best Start	friendly places,		with partners,		schools, health	ICB and with	(Central) to
	Beyond	reworded)	and Beyond	BF policy,		building on		and voluntary	local area	have wider
	Framework.		Framework.	comms plan		childhood		sector	partners.	holistic benefit
						obesity				on key
						pathway				development
						review and				measures
						evidence from				
						compassionate				
						approach				
Group/ body	Best Start and B	eyond Steering G	Group			Early Help Steering G	îroup			
overseeing										
delivery										



Aim 2: All Rotherham people enjoy the best possible mental health and wellbeing and have a good quality of life

Living healthier and longer lives AND improved wellbeing for those with greatest need

Rotherham Health and Wellbeing Strategy Aim 2

South Yorkshire Integrated Care Strategy – Outcome 2

SY Integrated Care Strategy Priority	Living he	ealthier and longe	er lives AND impro	ved wellbeing for those with greate	est need ¹							
		9	SOUTH YORKSHI	IRE								
Context	Health inequalities factors that contribute to poor mental health, including social and economic factors											
Health areas/themes	Proactively enabling early intervention to prevent more serious difficulties and preventing s	suicide.	challenge mental health promoting the important throughout every stage of	ce of mental health	 Core 20 Plus 5 Locally identified priority groups (Including: people from ethnic minority heritage, Gypsy, 							
SY Integrated Care Strategy Themes					Roma and Traveller communities, asylum seekers, people with learning disabilities, homeless, LGBQTrans communities. Clinical areas: maternity severe mental illness chronic respiratory disease, early cancer diagnosis and hypertension and high lipids							
Approaches/com mitments	 community voice and insights to enable changes to services co-produce local programmes with local communities and people with lived experience work with communities and people with lived experience to improve mental health and well-being and to remodel and integrate mental health services 	a step change in the focu prevention and the early management of physical	y identification and	 proactive care whole-person approach self- management of physical and mental health and wellbeing ensure that people of all ages have the information, knowledge, skills and confidence they need to manage their physical and mental health and wellbeing, have choice and control in their own lives, and are able to use their skills, 	improve access to services, understand and remove barriers and enable the integration of care.							

¹ Living healthier and longer lives – covered in Aim 3 of Health and Wellbeing Strategy. This overview focuses on mental health and wellbeing (Aim 2)

				dge and experience to benefit the wide	r
Examples of Actions	health to have better physical health and working with primary care to	Specialist Tobacco Treatment Advisors supporting people in contact with secondary care mental services to stop smoking (Mental Health Trusts)	multidis togethe commun	mple, Places are developing sciplinary teams, bringing r Primary Care Networks, nity services, specialist nity teams, social care and the	
Groups	People with serious physical long-tern	nditions and those with learning disabilitien conditions to enable them to have good ort improvements in physical and mental h	mental health.	physical health.	
How/Who	Mental Health Provider Collaborative Place Based Partnerships Place Partnerships, working with the Mayoral Combined Auth Alliances NHS partners Mental Health Trusts	ority,			
Going Further as SY			l, and hypertension Early iden	tification and management of the three	ntification e main causes of early death and unwarranted variations educing smoking to reduce the levels of smoking to 5%
		R	OTHERHAM		
Rotherham Health and Wellbeing Strategy themes	personal, social and environmental risk factors contribute to poor ment health, including medical illness, loneliness, unemployment, poverty poor access to basic services	where suicide can be talked	vironments signification about and trained d offer initial	and Wellbeing Board partners as ant local employers developing a supportive culture increasing awareness and understanding of mental health Reducing stigma and discrimination	 access and experience of services Talking therapies, psychological therapies for depression and anxiety disorders in adults inequalities in health outcomes for the most and least deprived communities in Rotherham barriers for Black, Asian and Minority Ethnic communities to accessing mental health care. Covid-19 impact on access
Health and	All Roth	erham people enjoy the best	oossible mental health	h and wellbeing and have a g	good quality of life
Wellbeing Strategy Aim					
Health and Wellbeing Strategy Priorities	3. Promote better mental heal wellbeing for all Rotherham people.	· · · · · · · · · · · · · · · · · · ·		Promote positive workplace wellbeing for staff across the partnership.	6. Enhance access to mental health services.

Health and Wellbeing Strategy Action Plan	Progress formal sign up to the OHID prevention concordat for better mental health as a Health and Wellbeing Board Refresh and deliver Better Mental Health For All action plan, focused on early intervention and prevention, developed in line with national 10-year Mental Health Plan	Develop and deliver partnership communications activity focussed on mental health, building on successful campaigns and resources • Rotherhive • Five Ways to Wellbeing • Great Big Rotherham To Do List	Promote suicide and self-harm awareness training to practitioners across the partnership and members of the public through internal and external communications To promote postvention support for adults, children and young people bereaved, affected and exposed to suicide and monitor referrals to services, including staff affected	Deliver the Be the One campaign with annual targeted messages based on local need with support from all partners' comms and engagement leads.	Promote the Be Well @ Work award to Health and Wellbeing Board partners and support sign up	Ensure partners are engaged in Employment is for everyone programme, promoting employment opportunities to those with SEND, and improving wellbeing at work	Ensure partners are engaged in the development and mobilisation of the integrated primary/secondary care mental health transformation. This will include: • Implementation of MH ARRS roles • Long term plan eating disorders, IPS and EIP targets by March 2024 • Implementation of Community Mental Health Integrated primary / secondary care transformation programme by March 2024	To work in partnership to enhance the Mental Health Crisis Pathway (early intervention, prevention, social care & crisis). This will require: • Partnership working to ensure an early intervention and crisis prevention model is developed • Mobilisation of the Touchstone Safe Space (alternative to crisis) provision • Mobilisation of social care pathways
Group/ body overseeing delivery	Rotherham Place Bette Group	er Mental Health for All						
Rotherham Place Plan Transformation workstream			ENJOYING	THE BEST POSSIBLE N	IENTAL HEALTH AND	WELLBEING		
	Delivery of the Adult Mental Illness in Con Health transformatio	nmunity Crisis &	y of the Mental Health Liaison programme			ementia pathway ansformation	Health for A	the Better Mental Il Plan (note this also Ioneliness delivery

SY Integrated Care Strategy Shared Outcome 4: People with the skills and resources they need to thrive (as relevant to Aim 2)

SY ICP actions:

- collective power of our anchor institutions and supporting the development of our health and care workforce.
- Actively promote the development of inclusive labour markets

Bold ambition: Collaborate to value & support our entire workforce across health, care, VCSE, carers, paid, unpaid. Developing a diverse workforce that reflects our communities

- Develop a Workforce Strategy that will enable us to collaborate across South Yorkshire to educate, develop and support our entire workforce
- Contribute to South Yorkshire becoming an anti-racist and inclusive health and care system through everything that we do and how we do it with our communities. Committing to real actions that will eradicate racism

SY Integrated Care Strategy Shared Outcome 2 - Living healthier and longer lives - covered in AIM 3 (and AIM 4) of Rotherham Health and Wellbeing Strategy

SY Integrated Care Strategy Shared Outcome 2 – Living longer and healthier lives (wider determinants of health such as education and skills, housing, employment opportunities, neighbourhoods and communities) – covered in AIM 4 of Rotherham Health and Wellbeing Strategy



Aim 3: All Rotherham people live well for longer.

Living healthier and longer lives AND improved wellbeing for those with greatest need

Rotherham Health and Wellbeing Strategy Aim 3

South Yorkshire Integrated Care Strategy – Outcomes 2

SY Integrated Care Strategy Priority		Living healthier and longer lives AND improved wellbeing for those with greatest need												
	SOUTH YORKSHIRE													
Context	Health inequalities (incl ethnic health inequalities), wider determinants of health impacting on physical and mental health													
SY Integrated Care Strategy Themes	Independence	Social prescribing	Early diagnosis (cancer) and early identification (cardiovascular disease (heart disease and stroke), respiratory disease, cancer and dementia – and of their risk factors (such as high cholesterol, high blood pressure and diabetes))	Risk factors: smoking, alcohol, obesity and hypertension	Those living with multiple conditions	enabling choice and control and supporting end of life planning	Access to services	Reduce inequalities in healthcare						
SY Integrated Care Strategy themes - commitments/ap proaches			Ensure that prevention interventions are funded at sufficient scale to have real impact	Self-management	Proactive care, taking a v	whole-person approach	Community voice and insights, lived experience Ensure that prevention interventions are coproduced with local communities	Increase our joint use of data and information, incl information from patients and communities (PHM)						
Activities					Enhance rehabilitation for patients prior to cancer therapy and rehabilitation for people with cancer, cardiac and respiratory diseases and stroke									
How/Who	Collaboratives and Allian	ing with the Mayoral Comb ces ocal communities and the	·											

	NHS partners								
Going Further as SY		ing, healthy wei	ight, alcohol		ntification and	d management of the th	ree main causes of	•	
				PLACES					
Place delivery through (as mentioned in Integrated Care Strategy)	Adult social care services (helping people to live the life they want while keeping safe and well in their local communities)	partnership with	Healthcar e services, including Primary Care Networks	for Cardiovascular, Diabetes, Stroke and Respiratory Disease. Physical activity partnership Children and Young People's Alliance are working with schools to promote healthy weight for children and young people			Places are developing multidisciplinary teams, bringing together Primary Care Networks, community services, specialist community teams social care and the VCSE sector	,	
Rotherham Health and Wellbeing Strategy themes	Unpaid care (for someone suffering from illness, dismental ill health)	ability, addiction	on or	Conditions: cardiovascu cancer (Ischemic heart d lung cancer, Stroke, Chro Lower back pain)	lisease; Trach	neal, bronchus and	obesity 'Ensuring the need it is imp health care, p	right care is pro ortant, but whi riorities in aim ve in environme	and alcohol, and ovided when people le this aim focuses on 4 are about ensuring ents conducive to
Health and Wellbeing Strategy Priorities	7. Ensure support is in place for carers			8. Support local pe obesity and drug (note: twinned with Aim environmental and social determinants.)	s and alcoho	, 'Develop a borough t	hat supports a he	althy lifestyle' v	which tackles the
Health and Wellbeing Strategy Action Plan	Continue to oversee and monitor the priorities in 'The Borough that Cares Strategic Framework', including:			Health risks Prevention campaign 'Say Yes'	n	Review of Rotherha for social prescribin		community en coordination	ngagement
	Take an integrated approach to identifying and shealth and wellbeing	irer							

		Moving Rotherham: Physical Act	tivity Health Sub-Group	
,		Tobacco Control Group		
delivery		are kept safe from harm.)		
overseeing	Strategic framework	Combatting Drugs Partnership (note: this is also covered in Aim 4, pi	riority 2: Ensure Rotherham people
Group/ body	Borough that Cares Strategic Group/ delivery of Borough that Cares	Prevention and Health Inequalit	ies Place Group	
		Health needs		poor mental wellbeing
	Information, Advice and Guidance	complex Alcohol and Mental		physical health conditions and
	processes to ensure the integrated planning and implementation of	frequent attenders to ED with	(DARD) review process	support for people living with
	Introduce quality assured Information, Advice and Guidance	NHSE funded pilot to support	Drug and Alcohol Related Death	self-management and holistic
	Introduce a co-production programme with communities to build our carer friendly Borough	-		
	Establish locality specific carer partnership/network groups			

Improved wellbeing for those with greatest need – covered in AIM 2 of Rotherham Health and Wellbeing Strategy

Also covered in 'People living longer and healthier lives' (shared outcome 2 in SY Strategy) – but covered in AIM 4 of Rotherham Health and Wellbeing Strategy:

- wider determinants of health such as education and skills, housing, employment opportunities, neighbourhoods and communities, air pollution, creativity and arts climate mitigation and adaptation, active travel
- commercial actors disproportionately influence choices and behaviours towards unhealthy products, and use their powers to reduce those pressures. For example introducing measures to limit hot food takeaways around schools and reduce industry interference in alcohol and gambling educational materials.
- strengths-based approach to the development of vibrant communities
- health protection, e.g. environmental health protection, outbreak management and addressing air pollution.

Priority on Carers AIM 3 of Rotherham Health and Wellbeing Strategy – is covered in shared outcome 4 in SY ICP strategy – people with the skills and resources they need to thrive, in particular, the workforce strategy for South Yorkshire's health and social care workforce will include a focus on unpaid carers.



Aim 4: All Rotherham people live in healthy, safe and resilient communities.

Safe, strong and vibrant communities People with the skills and resources they need to thrive

Rotherham Health and Wellbeing Strategy – Aim 4

South Yorkshire Integrated Care Strategy – Outcomes 3 and 4

SY Integrated Care Strategy Priority	P	eople ar	e suppo		ve in safe, strong and vibrant munities	People with the skills and resources they need to thrive				
					SOUTH YORKSHIRE					
SY Integrated Care Strategy					Wider determinan	ts of hea	lth			
Themes – South Yorkshire	and arts pollution travel mitigation and adaptation				Safer and stronger communities	Education, skills, employment and income neighbourhoods and communities			Work and health inclusive labour markets, local recruitment, supporting people to enter and stay in work, especially those with physical and mental health conditions, inclusion groups & in greatest need to address health inequalities	
How/Who		Pla	aces		ICP advocate and share learning and influence wider partners	South Yorkshire Stronger, Greener, Fairer Strategic Economic Plan South Yorkshire Skills Strategy in development Strategy South Yorkshire transport strategy			ICP to advocate and support places SY ICP Workforce Strategy to be developed	
Going Further as SY	 Work together to increase economic participation and support a fair, inclusive and sustainable economy Reduce the economic inactivity rate in South Yorkshire to less than 20% across our places by 2028/30 Reduce the gap in the employment rates of those with a physical or mental health long term condition (as well as those with a learning disability) and the overall employment rate by 25% by 2028/30 Enable all our young people that are care leavers in South Yorkshire to be offered the opportunity of good work within health and care by 2024 Establish a South Yorkshire Citizens Assembly for climate change and accelerate progress towards 						 unpaid. Developing a diverse workforce that reflects our communities Develop a Workforce Strategy that will enable us to collaborate across South Yorksh to educate, develop and support our entire workforce For our statutory partners to accelerate progress towards a workforce that is divers and representative of all our communities Contribute to South Yorkshire becoming an anti-racist and inclusive health and car 			
	environmental statutory emissions and environmental targets PLACES Committing to real actions that will eradicate racism									

SY Integrated Care Strategy themes - places	Increase connectivity and reduce loneliness	Access to cultural and creative opportunities, leisure and sport facilities in our local communities	Air pollution health protection, e.g. environmental health protection, outbreak management and addressing air pollution		Physical	activity	Community development Community infrastructure Strengths-based approach		nts d nools e ce in d	Housing (fuel poverty, including condensati on, damp and mould)	Education and skills, Learning opportuni ties for adults of all ages	Employm ent opportun ities	Climat e mitigat ion and adapti on
Rotherham Health and Wellbeing Strategy themes	Loneliness and social isolation: communities are resilient, with the right services and support	opportunities to participate in arts and culture	antisocial behaviour and crime	Impacts on mental health	Active travel	Physical activity	Asset and strengths-based approaches		high in s and nealthy,	Housing	Healthy economy	Public pla streets, n access to space	oise,
How?	Delivery of Loneliness plan	Cultural Partnership Board Cultural Strategy delivery	maintain links to safeguarding boa any cross-cutting				Thriving Neighbourhoods Strategy delivery	Regulate in such a way as to minimise harm (related 'lifestyle interventi ons' sit in Aim 3)	Vibra nt high stree ts	Place-Based	her policies a Investment S ment and Ski	trategy	
Health and Wellbeing Strategy Priorities	1. Deliver a loneliness plan for Rotherham	2. Promote health and wellbeing through arts and cultural initiatives.	3. Ensure Rothe are kept safe from	• •	(note: t	twinned w	ough that supports a heal ith Aim 3, priority 2: Supp om tobacco, obesity and d	ort local peop		•		_	_
Health and Wellbeing Strategy Action Plan (RAG rated for info)	Better Mental Health Fund Befriender dissemination	Rotherham Show Evaluation of over 55s programme (COMF) Children's capital of culture	Referral Scheme and Safe and		Strateg approa physica			Cycling strate delivery plan	str	aining on ength- sed proaches			
		Activities in libraries	crosscutting issu partnership boa safety and safeg	ords relating to									

	Promote existing resources on loneliness deliver loneliness action plan	libraries as death positive spaces	Establish a Combatting Drugs Partnership Joint needs assessment for the Combatting Drugs Partnership	MECC training offer on physical activity	Development of inclusive and accessible outdoor sports facilities (Playzones)	Rotherham Food Network to develop an action plan			
	Promote volunteering opportunities	libraries as spaces for people to share experiences and response to specific health issues	Vaccination programme for Covid-19 and flu						
Group/ body overseeing delivery	Better Mental Health for All Group	Cultural Partnership Board	Safer Rotherham Partnership Safeguarding Adults Board Safeguarding Children Partnership Safeguarding Chairs group	Combatting Drugs Partnership Tobacco Control Group Moving Rotherham - Leisure Subgroup Rotherham Food Network		RMBC – One Council Thriving Neighbourhood s	Business Growth B Board and Town Do RMBC - One Counc Strategic Housing I Rotherham Togeth Partnership Group SYMCA boards Operational group Town Centre Opera	eal Board) il (BHBC) Inclusive Forum er Partnership (Strand CEO group) s:	economy

Key

SY level
Place level
Health and Wellbeing Strategy
HWbB currently no oversight

Also covered in in 'safe, strong and vibrant communities' (shared outcome 3 in SY Strategy) – but covered in cross-cutting priorities of Rotherham Health and Wellbeing Strategy:

- social value for local people, including building wealth within our local communities through progressive procurement strategies
- Through our Place Partnerships, Collaboratives and Alliances, and together with our communities, to harness our collective role as anchor institutes to aid community development.
- Strengthen our work together to ensure everyone in South Yorkshire can benefit from being in good work by harnessing the collective power of our anchor institutions and supporting the development of our health and care workforce.